HOW CAN WE HELP?

**Need Assistance With a Course?**
For assistance with classes, make use of professors’ office hours, study groups, academic support and the Student Success Program.

**Need Help Reaching a Professor?**
Unable to reach your professor via email or phone? Please contact your class dean for assistance.

**Need Advising Assistance?**
Visit your DegreeWorks audit and Spelman ARCH via mySpelman to find your first year or major advisor.

**Looking for a Job, Internship, Graduate School or Career Counseling?**
Visit the Office of Career Planning and Development for virtual counseling, appointments, recruitment and student engagement events, job postings and resources to empower your career success.

**Feeling Lonely and Overwhelmed?**
Practice holistic self-care and contact the Counseling Center for virtual services. In an emergency, call 911 or the National Suicide Prevention Hotline at 1-800-273-TALK (8255), or text “Hello” to 7417411 for the Crisis Text Line.

WE ARE HERE FOR YOU!
More information is available via http://www.Spelman.edu/GetHelp