



# SPELMAN COLLEGE HEALTH CAREERS PROGRAM

## SCOPE – SPELMAN COLLEGE OPPORTUNITY TO PURSUE EXCELLENCE

*"Women Making a Global Difference in Health Care"*

Fall 2007 Volume 2, Issue 1

*"Nothing ever comes to one, that is worth having, except as a result of hard work" by Booker T. Washington*



### THE HEALTH CAREERS OPPORTUNITY PROGRAM (HCOP) 2007 MOREHOUSE/SPELMAN COLLEGE PRE- FRESHMAN SUMMER SCIENCE PROGRAM (PSSP)

Morehouse and Spelman Colleges jointly hosted the 2007 HCOP PSSP from June 9 – July 20 with twenty-eight rising first year prehealth students from around the country. The six week program was residential and students took courses on both campuses. The goal of the HCOP PSSP is to strengthen the science and mathematics background of underrepresented minority students interested in pursuing a career in the health and allied health professions.

The summer 2007 Spelman participants were: Kenyeda Adams, ABAgail Dunn, Aziza Felton, Kavindra Ferguson, Jasmine Hargrove, Jasmine Johnson, Asya Jones, Brittney Keller, Leslie Townsell and Emberly Zellars.



### HEALTH CAREERS COUNCIL FALL MEETING

The Health Careers Council serves to enhance the academic and counseling functions of the Health Careers Program. It is composed of faculty members from the Science Departments, Mathematics, Psychology, English, Foreign Languages, Sociology and Anthropology, the Program Director and the Dean of Undergraduate Studies. Some of the services provided by the Council include: review of students performances on the entrance examinations required for admission to health professions schools; and formulation of composite letters of recommendation for students applying for admission to professional schools.

Dr. Bell schedules one-on-one interviews, with students who sign up in advance for designated timeslots, during the Spring of the prehealth student's junior year. The goal of the interview is to gather information pertaining to the student's health professions pursuit including: reviewing the application, the transcript, standardized test scores and to help determine whether a student would like for her credentials to be presented before the Health Careers Council for consideration for a letter of recommendation.

#### Health Careers Program Office Staff

Director – Dr. Barbara J. Bell  
Coordinator – Dana Pride Jones  
Senior Administrative Assistant – Mrs. Sonia Thomas  
Office Assistant – Teresa Ingram



### **COLLEGE-WIDE ACADEMIC AFFAIR**

The Health Careers Program staff participated in the college-wide Academic Fair on August 14, 2007 in the Upper Manley Concourse. Representatives were on hand from several academic departments and programs to share information and dialogued with students. The Academic Fair is held annually through the Academic Affairs Division and provides a wonderful opportunity for all Spelman students to learn more about the academic departments and programs and the services they provide.



### **SPELMAN COLLEGE HEALTH CAREERS PROGRAM FALL RETREAT**

The Health Careers Program sponsored an overnight retreat for the prehealth student organizations leaders at Unicoi State Park and Lodge located in Helen, GA on September 7 – 8, 2007. The purpose of the retreat was for newly elected officers to become familiar with each other, learn how to conduct meetings and engage their membership. They also had the opportunity to collaborate with each other on ideas and activities for the school year.

Student officers representing the Health Careers Club (Ashley R. Harris and Stefani Berry), PreDental Institute (Cha'Sitye Jackson and Jennifer Canada), Spelman Society of Pre-pharmacy Professionals (Japera Johnson, Olivia Nathan and Dawn Chambers) and Alpha Epsilon Delta Health Pre-professional

### **TOWN HALL MEETING**

The Health Careers Program Office hosted a Town Hall meeting for all Health Careers students on Tuesday, September 18, 2007 in the Science Center, Room 233. Dr. Bell provided an overview, via PowerPoint, of the goals and objectives of the Health Careers Program and the resources available to prehealth students. She encouraged the student to develop and maintain an effective plan of action (Plan A, B and C). This includes registering early with the office in order to effectively utilize the services that are offered.

Dr. Bell also hosted a second Town Hall meeting in the Spring on January 22, 2007 for the Health Careers Program students.



### **NEW STUDENT ORIENTATION SESSION**

On Tuesday, August 22, 2007, Dr. Bell participated in the Office of Admissions and Orientation's New Student Orientation Session. She spoke with first year pre-health students and provided them with information on the pre-health track at Spelman and overview of the resources and services offered by the Health Careers Program Office. Dr. Bell encouraged the first year students to come to the Health Careers Program Office to register via a student profile sheet.



Honor Society (DeAnna McGarity and Candace Y. Smith) were in attendance at the retreat.

*"The greatness of a community is most accurately measured by the compassionate actions of its members, a heart of grace and a soul generated by love." Coretta Scott King*

### HEALTH CAREERS STUDENTS & STAFF TRAVELS TO THE UNIVERSITY OF ALABAMA SCHOOL OF OPTOMETRY



On Sunday, September 9, 2007, Health Careers Program students, Britney Hale, Destiny Norman and Corin White along with Dr. Barbara Bell and Ms. Dana Pride Jones traveled to the University of Alabama School of Optometry to participate in their annual Open House and Tour. Students met with Admissions Officers, students and faculty members.



### ORGANIZATION HELPS STUDENTS PREPARE FOR PHARMACY SCHOOL

Spelman students planning to become pharmacists now have the opportunity to prepare for their chosen career while learning from professionals in the field, thanks to the Spelman Society of Pre-Pharmacy Professionals, also known as SSP3. A newly formed student organization under the direction and advisement of Dr. Barbara J. Bell was established through the Spelman Health Careers Program. The SSP3 has gained the support of Dr. Melvin Blaylock, president of the National Pharmacy Association and mentorship of several local pharmacists at the CVS Pharmacy in the West End.

A special luncheon was held on campus on Tuesday, August 28, 2007 to officially kickoff the formation of



### ALPHA EPSILON DELTA HEALTH PRE-PROFESSIONAL HONORS SOCIETY

Alpha Epsilon Delta Health Pre-professional Honor Society members have been busy during the school year sponsoring various activities. On October 25, 2007, they hosted guest speaker, Dr. Tiffany Lee, family practice physician. Dr. Lee shared information on her journey into medicine and a typical day in her current practice. Her words of wisdom and insight were very beneficial to the prehealth students. AED president, DeAnna McGarity C'08 was instrumental in making the appropriate arrangements for Dr. Lee's visit to Spelman.



### HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT



Ms. Brenda Dalton, Director of the Spelman College Health Services Department conducted two Health Insurance Portability and Accountability Act of 1996 (HIPAA) Training Sessions for the Health Careers students during the fall semester. The HIPAA was passed by the federal government in an effort to improve the efficiency in the healthcare delivery by standardizing electronic data interchange and to protect and maintain confidentiality of patient

this new student organization. Jea Delsarte, CVS pharmacist, has been very instrumental in serving as a mentor and role model to the Spelman pre-pharmacy students. She helped to develop a formal relationship between CVS Pharmacy and the Spelman pre-pharmacy students which has resulted in several scholarships, shadowing and employment opportunities.

SSP3 serves as a vehicle to help students prepare for pharmacy school and provides insight into various career areas in the field of science. The organization plans to foster community service opportunities which include educating people about healthy lifestyles and taking medicines wisely. SSP3's founding members are Spelman College juniors—Olivia Nathan and Dawn Chambers, both biology majors; and junior Japera Johnson, who is majoring in chemistry.

*"We are one, our cause is one, and we must help each other; if we are to succeed." by Frederick Douglass*



### GEORGIA DWELLE, MD FALL RECEPTION

On Thursday, October 11, 2007, the Health Careers Program hosted the annual Georgia R. Dwelle, MD Fall Reception. This reception was named in honor of the first Spelman graduate to earn the "Doctor of Medicine" degree. This event was especially memorable because the Health Careers Club inducted a new member into the organization. Several local health and allied health professionals were on hand to light the candle to "Pass the Torch" to the students.

the students were given the challenge to endeavor to learn as much as they can so they can follow in the

information. The on-campus training sessions were provided for prehealth students who plan to shadow or volunteer with various local health and allied health professionals.



### BOSTON UNIVERSITY SCHOOL OF MEDICINE EARLY MEDICAL SCHOOL SELECTION PROGRAM

Dr. Jonathan Woodson, Associate Dean for Student and Minority Affairs at Boston University School of Medicine visited Spelman on Thursday, November 15, 2007 to discuss their Early Medical School Selection Program (EMSSP). The EMSSP is designed to provide an early and decompressed transition into the medical school curriculum through provisional acceptance into medical school at the completion of two years of undergraduate study.



### UNIVERSITY OF CALIFORNIA SAN FRANCISCO SCHOOL OF NURSING ROUNDTABLE DISCUSSION AND LUNCHEON

In an effort to address the nursing shortage in the United States, the Health Careers Program hosted the first Nursing Roundtable Discussion and Luncheon on October 17, 2007 in the Manley Center Board. Dr. Judy Martin-Holland, Assistant Dean of Academic Services and Diversity at the University of California San Francisco School of Nursing shared information on admissions criteria, financial aid and an overview of the nursing profession.

Students enjoyed having the opportunity to engage in dialogue with Dr. Martin-Holland and to learn about the various opportunities available in the nursing profession.

footsteps of the health and allied health professionals. Several Spelman College, Morehouse College, Morehouse School of Medicine and Clark Atlanta University faculty and staff members were in attendance in support of the program.



**STUDENTS AND HEALTH CAREERS PROGRAM STAFF ATTENDED OPEN HOUSE AT THE PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE, GEORGIA CAMPUS**

Health Careers Program students accompanied by Dr. Barbara Bell and Ms. Dana Pride Jones attended the Philadelphia College of Osteopathic Medicine (PCOM)-Georgia Campus Open House and Tour on Friday, October 26, 2007. Students attended an information session to learn more about the curriculum, admissions requirements and financial aid and they toured the campus facilities.

The students also had an opportunity to engage in dialogue with students, faculty and staff members who shared their experiences at Georgia PCOM. Spelman alum, LaDawn Hackett C'01 shared her journey to Georgia PCOM and provided words of wisdom to the students.



**SUMMER OPPORTUNITIES INFORMATION SESSION AND PANEL**

Health Careers Program Student Panelist participated in the fall Summer Opportunities Information Session on Tuesday, November 13, 2007. They shared

**YEAR ROUND RECRUITMENT ACTIVITIES**

Several health and allied health professional school representatives visited Spelman's campus during the fall semester. They conducted information and/or mock interview sessions where they provided information on admissions criteria, financial aid, course outline and other valuable information in order to assist our students in their preparation for health/allied health professional school.



Dr. Robert Lee  
Emory University  
School of Medicine



D. Nana Yaboah C'07  
2<sup>nd</sup> year medical student  
University of Pennsylvania  
School of Medicine



Johns Hopkins University  
School of Medicine



Dr. Bob Brueggemeir  
The Ohio State University  
School of Pharmacy



Mr. Channing Bunch  
Creighton University School of  
Medicine and Dr. \_\_\_\_\_ School of  
Pharmacy



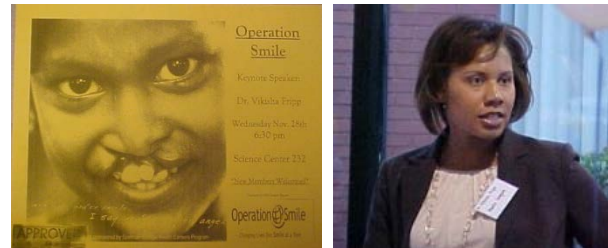
Dr. Wendy El-Amin  
University of Virginia Charlottesville  
School of Medicine

information about their summer enrichment and research program during the summer of 2007. The panelist included: Danielle McCarthur, Lauren Buford, Carmen Young, Angelica Weary, Madinah Abdullah, Anais Parker, Brianna Gray, Brittany Harris and Essence Matson.

**HOLIDAY SOCIAL**



The Health Careers Program hosted its annual Holiday Social for all pre-health students on Thursday, November 29, 2007 in the Science Center Lobby area. The students had a wonderful time socializing with each other in a relaxed atmosphere, eating great food and listening to some holiday music. Dr. Barbara Bell shared some words of wisdom and holiday wishes with the students.



Dr. Vikishia Fripp, plastic surgeon

**OPERATION SMILE AT SPELMAN COLLEGE**

Sophomore Biology major, Zerita Buchanan has been instrumental in spearheading a student chapter of OPERATION SMILE. During the fall, the students conducted two OPERATION SMILE events on campus. Campus Advisors Dr. Rosalind Gregory-Bass, Dr. Barbara J. Bell and local plastic surgeon, Dr. Vikishia Fripp provided leadership and guidance to the student group.

OPERATION SMILE is a worldwide children’s medical charity founded in 1982. The goal of the organization is to provide free surgeries to children born with facial deformities; specifically cleft lips and cleft palates.

**YEAR ROUND RECRUITMENT ACTIVITIES cont’d**



Dr. George Hill  
Vanderbilt University  
School of Medicine



Mr. Allen Mosley  
Meharry Medical College



University of Georgia  
College of Pharmacy



Dr. James Phillips  
Baylor College of Medicine



Spelman Health Careers Program  
Alumnae returned to visit during  
the 2007 Homecoming Weekend

*“Life’s most persistent and urgent question is: What are you doing for others?” by Dr. Martin Luther King, Jr.*

OPERATION SMILE provides a framework for its partner countries such as China, Ecuador, Ethiopia, India, Peru, Russia, etc., to come together to share knowledge, technology and skills through the use of programs customized to each country's specific medical infrastructure. OPERATION SMILE organization has a network of volunteers including student organizations who assist by building awareness, raising funds and educating communities around the world.

"I don't know what the future may hold, but I know who holds the future." by Ralph

"A goal is a dream with a finish line." Duke Ellington



### **SPELMAN COLLEGE WISH PROGRAM**

The goal of the Spelman College Women in Science and Health (WISH) Program is to provide prehealth student with the opportunity to shadow or volunteer with a local health or allied health care professional. Students will observe, learn and ask questions of a healthcare professional in order to gain a better understanding of a particular health-related field. The Health Careers Program has partnered with various local health, allied health care professionals and health organizations

### **SPOTLIGHT ON HEALTH CAREERS WISH STUDENT**



Ms. Ashley N. Harris, junior, Biology major from Indianola, MS is currently participating in the Spelman Health Careers WISH Program. She is shadowing with Dr. Kyra Stinson Harvey C'89, at the Piedmont Physicians group. Dr. Harvey's area of speciality is internal medicine. Last semester, Ashley served as a volunteer with the American Kidney Fund in conjunction with the Morehouse School of Medicine ABCD Project Health Fair in the Vine City community in November.

Ashley states that "having the opportunity to participate in the Spelman WISH program has been a very rewarding experience. I have been able to observe a practicing physician and assist others in taking steps to maintain their health through preventive measures." Ashley plans to pursue her career goal of becoming a Physician Assistant and giving back to her community.



## FROM THE DIRECTOR'S DESK

I hope that you enjoyed participating and supporting many of the activities sponsored by "your" Health Careers Program this past fall. We have new and exciting ventures planned for you this spring, as well.

Please don't let this year go by without taking full advantage of all the opportunities available to you. "All four years" can fly by if you are not careful! College is fun and it should be fun "but" don't forget why you came to Spelman. You have so many resources around you. Everyone is here to help you. We (Health Careers) are here to help you while you are at Spelman and as you continue to move throughout life!

Remember this ..... do your best and give your very best. Make me proud.

## UPCOMING HEALTH CAREERS PROGRAM EVENTS FOR SPRING 2008

### JANUARY

17 Town Hall Meeting

### FEBRUARY

7 Recruitment - University of Alabama at Birmingham School of Dentistry

19 Meharry Medical College Mini Health Professional School Symposium

20 Annual Recruitment Fair

### MARCH

6-9 Alpha Epsilon Delta Health Pre-professional Honors Society Convention, Dallas, TX

### APRIL

18 Lifelink Foundation of Georgia Organ and Tissue Donation Awareness Day in the Atlanta University Center (AUC)



### MAY

Senior Recognition Program