



**Spelman College
Philosophy & Religious Studies**

**Spring 2024
Religious Studies Lecture
Series**

**The Social Determinants of Race-based Trauma and
Collective Healing:**

Where Buddhism, Neuroscience, and Mindfulness Meet

DR. SHARON SUH PH.D.

**Theology and Religious Studies
Seattle University**

**President, Sakyadhita International Association of Buddhist
Women**

**February 22, 2024, 5:30 pm
Cosby LL31**

The Social Determinants of Race-based Trauma and Collective Healing

The Spelman College Spring Religious Studies Lecture Series hosted a profound session with Dr. Sharon Suh on February 22, 2024. Suh is a distinguished scholar from Seattle University and President of the Sakyadhita International Association of Buddhist Women. In her lecture, Dr. Sharon Suh, presented a holistic approach on how addressing race-based trauma is not just a personal struggle but is deeply tied to "social determinants".