



September Newsletter

Spelman College Health Careers Program

Our Mission

The program serves as a repository of information. We coordinate visits to healthcare facilities and professional schools, schedule on campus visits for lectures and recruitment personnel, and assists students in identifying facilities where they may participate in academic enrichment/research activities during the academic years and summers.



Our Core Values

RESILIENCY
CONFIDENCE
PROFESSIONALISM
INTEGRITY



Contact Info

Email:

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Instagram:

[@spelmanhealthcareers](https://www.instagram.com/spelmanhealthcareers)

Upcoming Events

SEPTEMBER 11 – Lunch and Learn: Morehouse School of Medicine

Join the Health Careers Program for a Lunch and Learn with Dr. Rita Finley from Morehouse School of Medicine. The session will be held from 12:00–12:50 PM in SCI 232 and will offer insights into medical education and career pathways, along with an opportunity for students to engage in discussion and ask questions. Scan the QR code to register!



SEPTEMBER 17 – Town Hall Meeting

The Health Careers Program will host a Town Hall in Sisters Chapel from 4:00–6:00 PM. Students will receive important program updates, learn about upcoming opportunities, and engage in an open forum for questions and feedback. Participation is encouraged and business professional attire is required. Scan the QR code to register!



SEPTEMBER 18 – Lunch and Learn: Washington University School of Medicine

The Health Careers Program invites you to a Lunch and Learn with Washington University School of Medicine. Join us virtually at 12:00 PM for the opportunity to ask questions and gain valuable insights into medical education, admissions, and career pathways. Scan the QR code to register!



Outside Opportunities

Today's healthcare field offers many exciting career options for post-graduate study. The Master of Science in Health Administration (MSHA) program, at the University of Alabama at Birmingham, would like to invite you all to attend their **virtual Residential MSHA Recruitment Day** session .

The virtual session will be held on **Thursday, September 25th** from **6:30-7:30PM EST** Please see the attached flyer with more information and a QR code to register.

By attending the information session, you will be introduced to the MSHA program and the dual degree offerings. Interested students will have an opportunity to meet the Program Director, Dr. J'Aime Jennings, and current first and second year students will be available to answer questions about their experiences. Make sure to register by 1:00PM on Tuesday, September 23, 2025



Outside Opportunities

The Louisiana State University (LSU) Health Shreveport School of Medicine is hosting a **virtual** information session: Recruitment Information Sessions and Evaluations (RISE)

Are you interested in becoming a competitive medical student at LSU Health Shreveport? Join the informational session on **Thursday, September 25, 2025** from **6:00– 7:00 PM**.

Don't miss an opportunity to hear from representatives of the LSU Health Shreveport Office for Student Affairs and Community Engagement. Scan the QR code to Register!



Outside Opportunities

Presented as a community service project by Master of Science in Medical Sciences degree program at Morehouse School of Medicine, First Look is a day dedicated to exploring the exciting world of health careers. You'll hear from MSM medical students, graduate students, faculty, and alumni along with admissions staff and invited guests. Through a series of interactive and informative workshops, you'll find out how to prepare for the MCAT, apply for med school, gain insights into the interview skills you'll need, visit anatomy and clinical skills labs, and even learn how to suture. Plus you'll hear what it's really like to be a practicing physician.

The First Look Program trip is on **Saturday, September 27** from **8:30AM - 4:30PM**. Scan the QR code below to register and learn more information.



Outside Opportunities

The AAMC invites you to attend the 2025 Fall **Virtual Medical School Fair**, on **October 29–30, 2025**. Leverage this unique opportunity to chat directly with medical schools, accelerated 3-year programs, postbaccalaureate and special master's degree programs across the U.S. Ask your questions about financial aid, the MCAT exam, the AMCAS application, the SHPEP program, and more.

Below is the schedule of events:

Wednesday, October 29:

Live Information Sessions from 11:00AM – 5:00PM

Thursday, October 30:

Chat w/ Medical Schools, 3-Year Accelerated Programs & Postbac Programs from 11:00AM– 6:00PM

Scan the QR code to learn more and register.



**AAMC VIRTUAL
MEDICAL SCHOOL
FAIR 2025**



Fall Semester Blueprint

SET YOURSELF UP FOR SUCCESS!

1. Set up your 4-year course plan

- a. If you haven't already, schedule a meeting with your academic or pre-health advisor to create a 4-year course plan. This will help ensure you're on track with prerequisites, stay organized, and feel fully prepared for your future goals.

2. Network with Mentors and Professionals

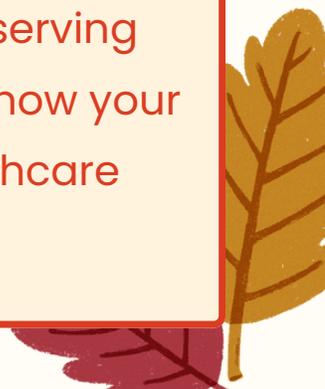
- a. Connect with Advisors: Use the break to meet with pre-health advisors and plan your academic path or discuss your application timeline.
- b. Take advantage of Lunch and Learn sessions and conference trips to explore different healthcare fields and discover valuable post-graduate opportunities.

3. Work on your personal statement

- a. Begin working on your personal statement early! Starting now gives you ample time to refine your draft and receive valuable feedback from peers and mentors.

4. Engage in Community Service

- a. Volunteer at food banks, shelters, or organizations serving underprivileged communities. These experiences show your commitment to helping others and align with healthcare values.



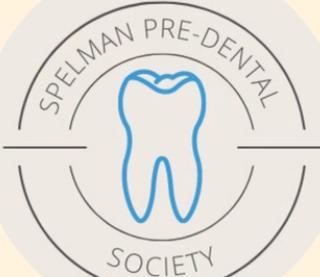
RSO Spotlights



President:
Cayla Ellerbe

Pre-Nursing Organization

The Pre-Nursing Organization prepares students for careers in nursing by offering academic support, hosting workshops, and providing exposure to diverse healthcare pathways. Their mission is to develop future nurses who will transform health care through knowledge, passion, and leadership. For more information, follow @spelmanprenursing on Instagram!



President:
Dakota Teasdell

Pre-Dental Society

The Pre-Dental Society is dedicated to supporting students interested in pursuing dentistry. Their mission is to promote dental hygiene, educate communities on the importance of oral health, and create spaces for members to gain the tools and experiences needed to excel in the field. For more information, follow @spelmanpds on Instagram!



President:
Semaj Torain

Health Careers Club

The Health Careers Club at Spelman College supports students exploring careers across the healthcare field. Through various committees dedicated to each field, the Health Careers Club is dedicated to providing students with opportunities to engage in in-depth explorations of various health professions. For more information, follow @spelmanhcc on Instagram!



View Our Calendar

For the 2025-2026 Academic Year

