

# NOVEMBER NEWSLETTER



HEALTH CAREERS PROGRAM

## About Us

The Health Careers Program of Spelman College was initiated in 1971 to advance young women into the graduate, professional, and allied health professional schools of medicine, dentistry, osteopathy, optometry, podiatry, pharmacy, veterinary medicine, and other graduate health programs. Since its inception, the College has been successful in assisting students in gaining admission to many prestigious professional and allied health professional institutions.



## Contact Us

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[@spelmanhealthcareers](https://www.instagram.com/spelmanhealthcareers)  
on instagram

# WHAT YOU MISSED

## OCTOBER RECAP

### LETTUCE EAT & HELP YOU SUCCEED:

#### MEETING WITH PREHEALTH ADVISOR, DR. GARDNER

On Thursday, October 9, 2025, the Health Careers Program hosted a Lunch & Learn event for first-year and sophomore students, drawing over 80 attendees. Students had the opportunity to meet their new Pre-Health Advisor, Dr. Gardner, while gaining valuable insights on how to stay ahead in their pre-health journey and begin building their professional foundations.





# OCTOBER RECAP

## LUNCH & LEARN: ROSS UNIVERSITY SCHOOL OF MEDICINE

On Thursday, October 9, 2025, the Health Careers Program hosted a Lunch & Learn featuring Ross University School of Medicine. During the session, students were introduced to a new Early Assurance Program (EAP) agreement between Spelman College and Ross University, which provides qualified students with a direct pathway to medical school admission—bypassing some of the traditional application barriers.



# OCTOBER RECAP

## FIRESIDE CHAT WITH DR. LOREN ROBINSON

On Thursday, October 16, 2025, the Health Careers Program hosted a Fireside Chat featuring Dr. Loren Robinson (Spelman C'2003), Chief Medical Officer and member of the Spelman College Board of Trustees. With over 40 attendees, students had the opportunity to engage in an inspiring discussion as Dr. Robinson shared insights from her career journey, experiences in healthcare leadership, and advice on navigating the path to medical school and beyond.



# OCTOBER RECAP

## PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE (PCOM) RECRUITMENT TRIP

On Friday, October 31, 2025, the Health Careers Program took 29 students on an immersive visit to the Philadelphia College of Osteopathic Medicine (PCOM). During the visit, students explored state-of-the-art facilities, including the Simulation Lab and Anatomy Lab, and learned about PCOM's distinguished programs in Physical Therapy (DPT), Osteopathic Medicine (DO), and Pharmacy (PharmD)



# OCTOBER RECAP

## HEALTH CAREERS CLUB: 'MORE THAN PINK WALK'

The Health Careers Club volunteered at the Komen Georgia 'More Than Pink Walk' on Saturday, October 25, 2025. The event brought together participants and volunteers to support breast cancer awareness and research. Club members volunteered in the teardown area and cheered on walk participants!



# NOVEMBER EVENTS

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## THURSDAY, NOVEMBER 06 - LUNCH & LEARN: ALICE WALTON SCHOOL OF MEDICINE

Join the Health Careers Program in **Tapley 130** at **12:00 PM** to hear from the Alice Walton School of Medicine. Don't miss this opportunity to learn about admissions, academic programs, and career pathways. Scan the QR code to register!



## THURSDAY, NOVEMBER 06 - LUNCH & LEARN: EMORY NURSING

Join the Health Careers Program in **SCI 232** at **12:00 PM** to hear from the Emory School of Nursing. Don't miss this opportunity to learn about admissions, partnership programs, and academic opportunities. Scan the QR code to register!



## THURSDAY, NOVEMBER 06 - LUNCH & LEARN: UNIVERSITY OF LOUISVILLE - SHPEP INFORMATIONAL

Interested in applying to the Summer Health Professions Education Program (SHPEP)? There will be two **virtual** information sessions where you will be able to hear from representatives of the University of Louisville about the program, application process, and more! Scan a QR code to register!



SESSION 1



SESSION 2

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## **SATURDAY, NOVEMBER 08 - JUNIOR/SENIOR PRE-MED WORKSHOP**

Juniors and Seniors! Are you planning to apply to medical school in the upcoming 2027 AMCAS application cycle? Join the Health Careers Program in **SCI 232** at **9:00 AM** for an interactive workshop designed to help you navigate every step of the process—from understanding key timelines to preparing a standout application.



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## **THURSDAY, NOVEMBER 13 - RESUME & PERSONAL STATEMENT WORKSHOP**

Ready to make your application stand out? Join the Health Careers Program in **SCI 233** at **12:00 PM** for a hands-on workshop where you'll learn how to craft a polished resume and a compelling personal statement that highlights your strengths and goals. Don't miss this chance to elevate your professional story!



# STAYING AHEAD OF THE CURVE: PRE-REGISTRATION GUIDE

It's almost registration time! Whether you're preparing for medical, dental, veterinary, or other health professions, planning ahead can make a big difference. Here's how to stay organized and make smart choices when building your schedule.



## PRE-REGISTRATION TIPS

### 1. MEET WITH YOUR ADVISOR EARLY

Schedule a meeting with your Health Careers advisor to review your course plan and ensure you're meeting prerequisites for your intended career path.

### 2. REGISTER ON TIME

Set reminders for your registration date and have backup courses ready in case your first choices fill up quickly.

### 3. BALANCE YOUR SCHEDULE

Aim for a mix of challenging science courses and electives that support your personal and professional development.



## HIGH-PRIORITY STEM COURSES BY SPECIALTY

#### MEDICINE (MD/DO)

General Biology I & II with Labs  
General Chemistry I & II with Labs  
Organic Chemistry with Lab  
Physics I & II with Labs  
Biochemistry  
Statistics or Biostatistics  
Psychology & Sociology

#### DENTISTRY (DDS/DMD)

General Biology I & II with Labs  
General Chemistry I & II with Labs  
Organic Chemistry I & II with Labs  
Physics I & II with Labs  
Anatomy & Physiology with Lab  
Microbiology with Lab

#### NURSING & PUBLIC HEALTH

General Chemistry I & II with Labs  
Anatomy and Physiology I & II with Labs  
Microbiology with lab  
Clinical Nutrition  
Statistics  
Human Growth and Development

#### PHARMACY (PHARMD)

General Chemistry I & II with Labs  
Organic Chemistry I & II with Labs  
General Biology I & II with Labs  
Anatomy & Physiology I & II  
Biochemistry  
Microbiology  
Calculus & Statistics

#### VETERINARY MEDICINE (DVM)

General Biology I & II with Labs  
General Chemistry I & II with Labs  
Organic Chemistry with Lab  
Physics I & II with Labs  
Biochemistry  
Microbiology  
Statistics

#### PHYSICIAN ASSISTANT (PA)

General Biology I & II with Labs  
General Chemistry I & II with Labs  
Anatomy and Physiology I & II with Labs  
Organic Chemistry I & II with Labs  
Biochemistry  
Microbiology  
Statistics

# TOP DATABASES FOR PRE-HEALTH SUMMER OPPORTUNITIES

## 1. AAMC SUMMER ENRICHMENT & PIPELINE PROGRAMS

Explore summer and post-baccalaureate opportunities that prepare students for medical school and health-related careers.

👉 [AAMC SUMMER ENRICHMENT PROGRAMS DATABASE](#)

## 2. SUMMER HEALTH PROFESSIONS EDUCATION PROGRAM (SHPEP)

A free, transformative summer experience for first, second, and third-year college students interested in medicine, dentistry, nursing, and other health careers.

👉 VISIT [SHPEP.ORG](#)

## 3. PATHWAYS TO SCIENCE

Find paid research and internship opportunities in STEM and health sciences. Filter by discipline, location, or education level.

👉 [PATHWAYS TO SCIENCE – SUMMER RESEARCH PROGRAMS](#)

## 4. NATIONAL ASSOCIATION OF ADVISORS FOR THE HEALTH PROFESSIONS (NAAHP)

Browse NAAHP's listing of enrichment and pipeline programs tailored for students exploring health careers.

👉 [NAAHP ENRICHMENT & PIPELINE PROGRAMS](#)

🌟 **TIP:** Many applications open as early as November—start researching now to meet deadlines and strengthen your applications!

# SUMMER RESEARCH

## PEDIATRIC ONCOLOGY EDUCATION (POE) PROGRAM

The Pediatric Oncology Education Program at St. Jude Children's Research Hospital offers a unique opportunity for students preparing for careers in the biomedical sciences, medicine, nursing, pharmacy, psychology, or public health to gain biomedical and oncology research experience.

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Applications are now open! The deadline for receipt of all 2026 application materials is **February 1, 2026**. Early application and submission of materials are highly recommended.

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For more information, scan the QR code below:



St. Jude Children's  
Research Hospital

# UNLOCKING THE KEYS TO FINANCIAL LITERACY

TAKE CONTROL OF YOUR FINANCIAL FUTURE—STARTING TODAY.

Financial literacy is more than just budgeting or saving—it's about understanding how to make your money work for you. As a pre-health student, you're preparing to invest years into your education and career.

Understanding the basics of financial literacy now can help you manage your money wisely, reduce stress, and set yourself up for long-term success in your journey toward becoming a healthcare professional.

## LEARN ABOUT LOAN OPTIONS:

Understand the difference between *subsidized*, *unsubsidized*, and *private* loans. Know your repayment options before committing.

## EXPLORE SCHOLARSHIPS AND GRANTS:

Many organizations offer funding for students in healthcare fields. Apply early and often—these opportunities can reduce your financial burden.

## SAVE EARLY, SAVE GRADUALLY

Set aside even small amounts each month. Savings can help cover exam fees, travel to interviews, or unexpected costs

## PLAN FOR GAP YEAR FINANCES:

If you're taking time off before professional school, use that year to build savings, pay down debt, and plan for upcoming educational costs.

## EXPLORE FEE ASSISTANCE PROGRAMS:

Did you know many application systems offer fee waivers or financial assistance programs? For example, the *AAMC Fee Assistance Program* can cover MCAT registration and reduce AMCAS application costs, while other centralized applications also offer need-based waivers.



Spelman College®

*A Choice to Change the World*

## Health Careers Program Staff

# SCAN ME

TO SCHEDULE AN APPOINTMENT WITH A MEMBER OF OUR  
TEAM SCAN THE QR CODE



**DR. SCOTT**  
GRADUATE &  
PROFESSIONAL  
PROGRAMS  
COORDINATOR



**DR. GARDNER**  
PRE HEALTH  
ADVISOR  
FIRST YEARS &  
SOPHOMORES



**MS. BAILEY**  
PARTNERSHIP  
COORDINATOR

